

# Kaila Anderson, LMSW

Denver, CO

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## Summary

- Authentically leverages diverse lived experiences in rural communities to create a safe, trusting environment to accompany clients through life's most challenging moments
- Empathetic, resourceful social worker committed to helping individuals and organizations identify and resolve barriers that impact healthy communication and ability to thrive
- Servant leader who prioritizes inclusion and respect for different perspectives; values self-reflection and humility; and is committed to lifelong learning

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## PROFESSIONAL EXPERIENCE

### **The Just Village Partners, Denver, CO**

**2021 – Present**

*Professional consulting firm that addresses the structures driving economic and rural health disparities.*

#### **Behavioral Health Integration Consultant**

- Provide subject matter expertise on agriculture and rural communities to requesting clientele
- Collaborate with stakeholders to understand rural community behavioral health needs
- Develop a cultural adaptation to Cognitive Behavioral Therapy addressing the mental health disparities facing farmers, ranchers and their families called LandLogic<sup>SM</sup>

### **Compass Behavioral Health (CBH), Garden City, KS**

**2017 – 2019**

*Outpatient mental health service organization, comprised of psychiatric, community-based, and crisis services serving individuals and families throughout 13 counties in southwest Kansas.*

#### **Volunteer Board Member**

- Mitigated conflict between local stakeholders to build trust, improving timely access to services for area youth
- Served as the only first-hand rural behavioral health expert on the board

### **ABC Pregnancy Care Center, Garden City, KS**

**2014 – 2019**

*Non-profit crisis pregnancy center serving 10 western Kansas counties.*

#### **Board President**

- Contributed change leadership to support the organization's mission, resulting in an expansion of board size from five to nine members and built consensus around hiring a strategic planning consultant
- Oversaw operations, including coordinating the annual banquet and growing fundraising capacity from \$25,000 to \$150,000 over five years

#### **Board Treasurer**

- Created internal control policies to ensure financial accountability, including segregation of duties, background checks, and reimbursement controls to prevent misuse and misappropriation of financial assets

### **Kearny County Hospital, Lakin, KS**

**2013 – 2019**

95-bed community hospital and regional health system, including a senior living center, three clinics, multi-specialty surgery center, and obstetrics program serving 20 Kansas and Colorado counties.

### Physician Recruitment Volunteer

- Coordinated the “Mission-Focused Medicine” physician recruitment strategy that added 15 medical providers to the region and gained national attention through *CBS Sunday Morning*, *National Public Radio*, *Politico.com*, *Associated Press*, *RHIHub*, and *HealthLeaders.com*
- Conducted informal interviews of residents during recruitment weekends and private meetings to assess personal character and cultural alignment
- Mentored physician families as they navigated rural culture and context so they understood working and living in a rural community before and after signing an employment contract

### Iroquois Center for Human Development, Greensburg, KS

2012 – 2013

Non-profit community mental health center serving four counties in rural southwest Kansas comprised of psychiatric, community-based, and crisis services.

### Outpatient Mental Health Therapist

- Provided individual and group therapy to children, youth, and adults experiencing addiction, severe and persistent mental illness, and psychosocial stressors utilizing Cognitive Behavior Therapy, Solution-Focused Therapy, and Dialectical Behavior Therapy
- Partnered with local hospitals and schools to deliver mental health services to area residents
- Served as an on-call crisis intervention therapist for a four-county catchment area

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### SPEAKING

- **Anderson, K.** (2022, October 1). *The Land Teaches* [Conference presentation]. Northwest Kansas Conservation & Environmental Alliance Conference, Colby, KS.
- **Anderson, K.** (2022, July 14). *The Land Teaches* [Conference presentation]. Arizona Farm Bureau Summer Leadership Conference, Litchfield Park, AZ.
- **Anderson, K.**, Reznicek, C. (2022, April 25). *LandLogic™: The Land Teaches* [Virtual]. Kansas Providers.
- **Anderson, K.** (2022, February 1 & 2). *LandLogic™: The Land Teaches* [Conference presentation]. High Plains No-Till Conference, Burlington, CO.
- **Anderson, K.**, Reznicek, C. (2021, December 10). *LandLogic™: The Land Teaches* [Virtual]. CAAMHP Ag Humility Training.
- Edlund, R., **Anderson, K.** (2021, November 19). *Resiliency* [Conference presentation]. Colorado Farm Bureau Annual Meeting, Denver, CO.
- Shull, C., Edlund, R., **Anderson, K.** (2021, November 11). *Supporting Colorado’s Agricultural Communities: Mental Health & Substance Misuse* [Webinar]. RALI Colorado, Greeley, CO, United States
- **Anderson, K.** (2021, July 23, 30 & August 6). *LandLogic™: The Land Teaches* [Virtual]. AspenRidge Recovery Centers.
- Anderson, B., **Anderson, K.** (2021, July 26). *Burnout and Healing in the Face of a Global Pandemic* [Webinar]. Western Plains Healthcare Alliance.
- Edlund, R., **Anderson, K.** (2021, July 19). *Behavioral Health in Colorado* [Conference presentation]. Colorado Farm Bureau Summer Ag-Issues Summit, Breckenridge, CO.
- **Anderson, K.**, Bacon, MD, J., Gallagher, A., Hughes, MD., L., Ivanich, J. (2021, June 23). *Rural Community Health Issues Panel* [Virtual]. University of Northern Colorado.
- Anderson, B., **Anderson, K.** (2021, March 15). *Burnout and Healing in the Face of a Global Pandemic* [Webinar]. Missouri Primary Care Association Webinar Series.
- Anderson, B., Spare, DVM, R., **Anderson, K.**, Bigler, PAC, J. (2020). *Governance Gone Wrong* [Conference presentation]. Colorado Hospital Association Rural Health and Hospitals Conference, Golden, CO.

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### EDUCATION

University of Kansas  
MSW, 2012

**Missouri State University**

BS, Psychology, 2006

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**BOARD SERVICE**

- Compass Behavioral Health; Board Member (2016 – 2019)
- ABC Pregnancy Care Center; President (2017 – 2019); Treasurer (2014 – 2017)

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**AWARDS**

- MARGO Award Nominee for Outstanding Performance in Field Education, 2010 – 2011; 2011 – 2012
- Denver Business Journal's Who's Who in Colorado Agriculture Nominee, 2022